



# TRAVELWELL®

*Staying Healthy While Traveling*

## HEALTH AND SAFETY GUIDELINES FOR 2021 CRUISES DEPARTING FROM U.S. PORTS

In accordance with CDC guidelines, our 2021 cruises departing from U.S. ports are available for guests who have received their final dose of an approved COVID-19 vaccine at least 14 days prior to the beginning of the cruise and a negative medically observed viral COVID-19 test (PCR or antigen) taken within 72 hours of their embarkation. Requirements for 2022 itineraries will be announced as available, in accordance with CDC guidelines and updated travel protocols provided by governments, ports and public health authorities.

### BEFORE CRUISING

 **Review All Travel Protocols**  
Guests should ensure they understand requirements for traveling from their home country to the destinations they plan to visit (including air travel policies).

 **Online or Navigator® App Check-in**  
Download the Navigator app or log into hollandamerica.com. All guests must complete the pre-cruise Health Questionnaire, Vaccine Attestation, Passage Contract and Risk Acceptance, and get your boarding pass and check-in time 72 hours before embarkation. The Navigator App is your essential tool for embarkation updates, onboard experiences and shore excursions.

### EMBARKATION

 **Required ID and Documents**  
Bring your passport and show completion of your health questionnaire and risk acknowledgement.

 **Proof of COVID-19 Vaccination**  
Acceptable proofs of full vaccination include: COVID-19 vaccination card (original card only; no photocopies accepted); digital COVID-19 certificate (QR code acceptable); or record of COVID-19 vaccination from a healthcare provider including original digital email notification, personal electronic health record, or government Immunization information system (IIS) record.

 **Proof of Negative Covid-19 Test**  
ALL guests are required to produce a negative medically observed viral COVID-19 test (PCR or antigen) taken within 72 hours of embarkation.

On board we will continue to offer the award-winning cruise experience that Holland America Line is known for. All of our dining options will be available (our team will serve you at all times, even in the Lido), including in-room dining. Entertainment will be in full swing throughout all our popular live music venues and World Stage, along with engaging activities and destination enrichment programming.

### WHILE CRUISING

 **Masks & Physical Distancing**  
All guests will be required to wear a face mask in designated indoor areas, including during embarkation and disembarkation in the terminal.

 **Shoreside Experiences**  
Holland America Line approved shore excursions are strongly encouraged; independent activities are permitted. Follow local rules and regulations while on shore.

 **Personal Hygiene**  
Guests will be encouraged to use hand-washing sinks and hand sanitizer dispensers at venue entrances and in high-traffic areas throughout the ship.

 **Enhanced Environmental Sanitization**  
Public areas and staterooms will be thoroughly and frequently cleaned using a safe disinfectant proven to kill coronaviruses.

 **Medical Care**  
Our highly trained medical staff includes doctors and nurses capable of caring for a broad range of medical conditions, including COVID-19. Medical centers will be equipped with testing and treatment capabilities.

 **Ventilation**  
Ships will have enhanced air filtration with a combination of increased fresh air and upgraded HVAC units with MERV13 (F7) filters throughout. Onboard Medical Centers will have HEPA filtration.

**For more information visit [hollandamerica.com](https://hollandamerica.com) or contact your Travel Advisor.**



**Holland America Line®**  
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